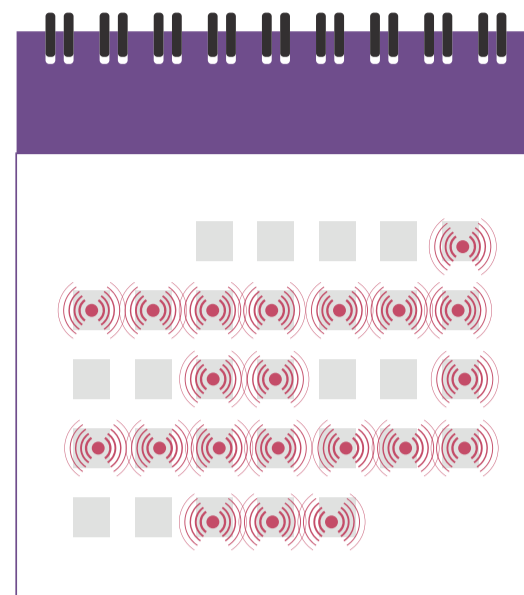


# Chronic Pain

## Acute vs Chronic Pain

**Chronic:** Pain persists for more than 6 months, leading to nervous system changes

**Acute:** Pain signaling stops once cause of pain resolves



## Common Risk Factors



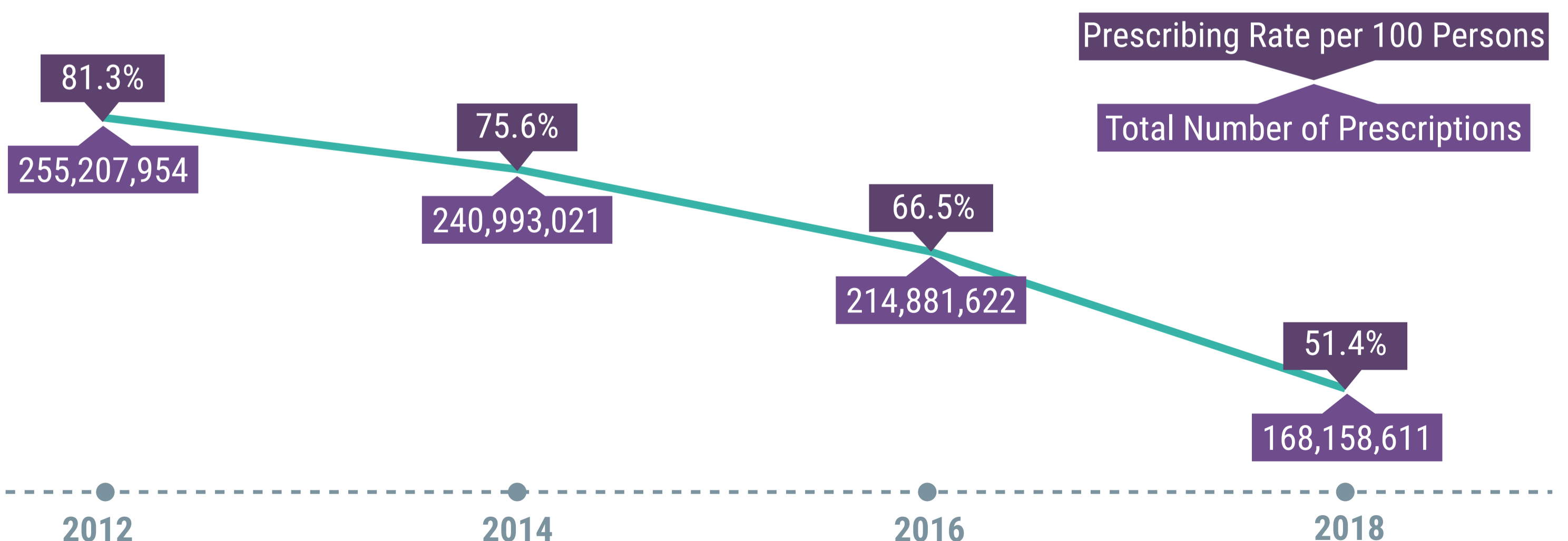
Source: Mills SEE, Nicolson KP, Smith BH. Chronic pain: a review of its epidemiology and associated factors in population-based studies. *Br J Anaesth.* 2019;123:e273-e283.

## Non-opioid Treatments

MEDICATION	MAGNITUDE OF BENEFIT
Acetaminophen	Small
NSAIDs	Small–moderate
Gabapentin/pregabalin	Small–moderate
Tricyclic antidepressants and serotonin/norepinephrine reuptake inhibitors	Small–moderate
Topical agents (lidocaine, capsaicin, NSAIDs)	Small–moderate

Source: Centers for Disease Control and Prevention, 2016.

## Opioid Prescriptions in the United States



Source: Centers for Disease Control and Prevention, 2020.