

# Assessing Practice Patterns of Clinicians in the Care of Adults With ADHD

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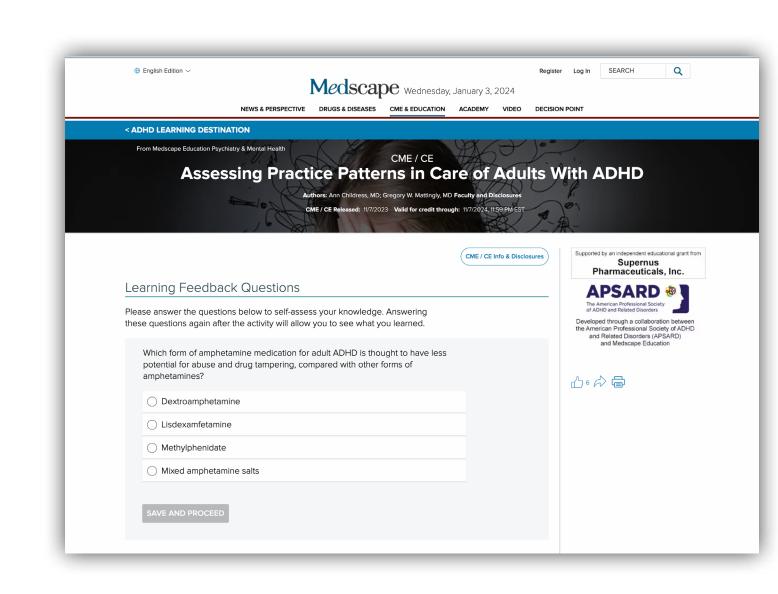
## OBJECTIVE

To assess current clinical practices of clinicians related to management of adult attention-deficit hyperactivity disorder (ADHD) in order to identify knowledge, competency, and practice gaps and barriers to optimal care.



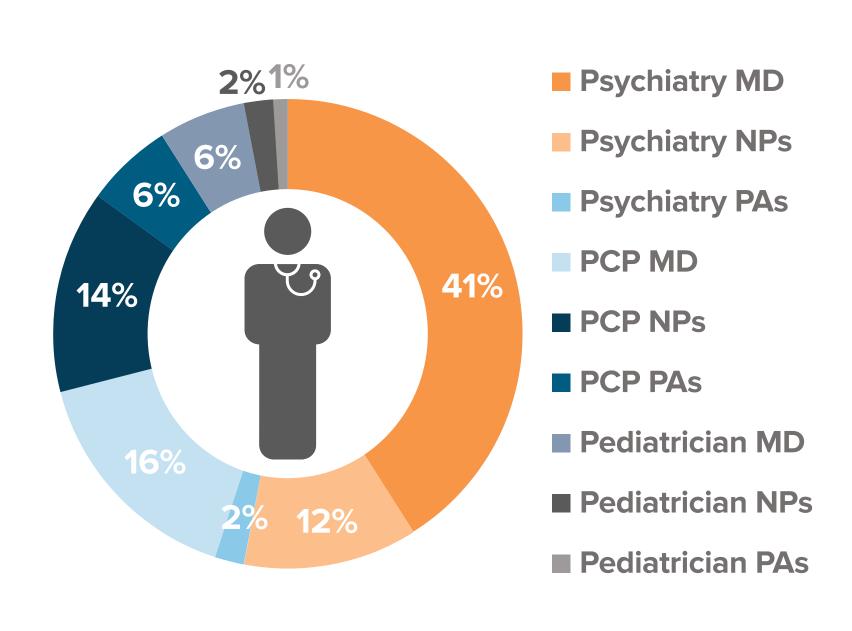
### METHODS

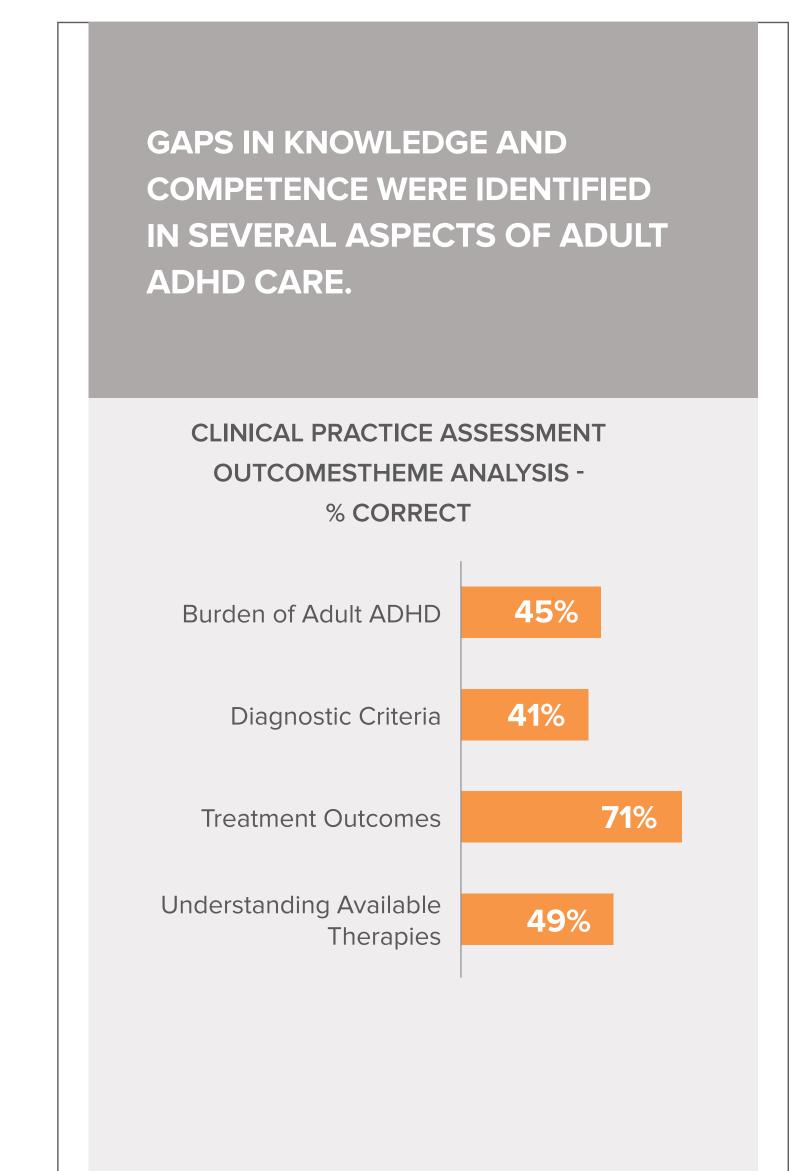
A survey instrument of 20 multiple choice questions on current practices, attitudes, and barriers related to the care of patients with ADHD was developed. The survey was available online to physicians without monetary compensation or charge. Responses were de-identified and aggregated prior to analyses. Initial data collection occurred from 11/7/2023 to 11/28/2023.



# RESULTS

In total, **753 clinicians** consisting of psychiatrists, primary care physicians, pediatricians, nurse practitioners, and physician assistants completed the survey.





HOW OFTEN DO YOU COMBINE

THE USE OF STIMULANT AND

NONSTIMULANT TREATMENT IN ADULT

PATIENTS WITH ADHD?

Always 3%

Sometimes 32%

Rarely

This does not apply to

my practice

Often 10%

Never 14%

20%

ABOUT TWO-THIRDS OF CLINICIANS ARE SWITCHING SOME OF THEIR ADULT

PATIENTS WITH ADHD TO A NONSTIMULANT, WHILE ONE-THIRD

OF CLINICIANS COMBINE THE USE OF STIMULANT AND

NONSTIMULANT TREATMENT.

DUE TO THE SHORTAGE WITH STIMULANTS.

HOW OFTEN ARE YOU SWITCHING YOUR

ADULT PATIENTS WITH ADHD TO A

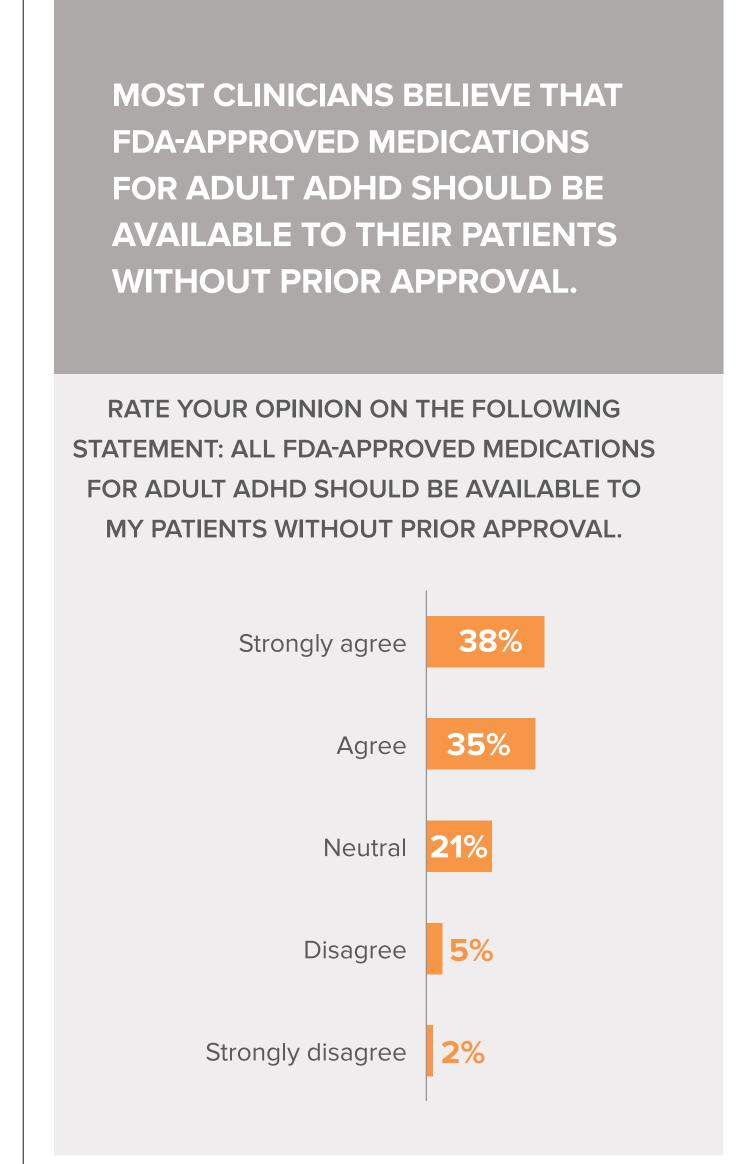
NONSTIMULANT MEDICATION?

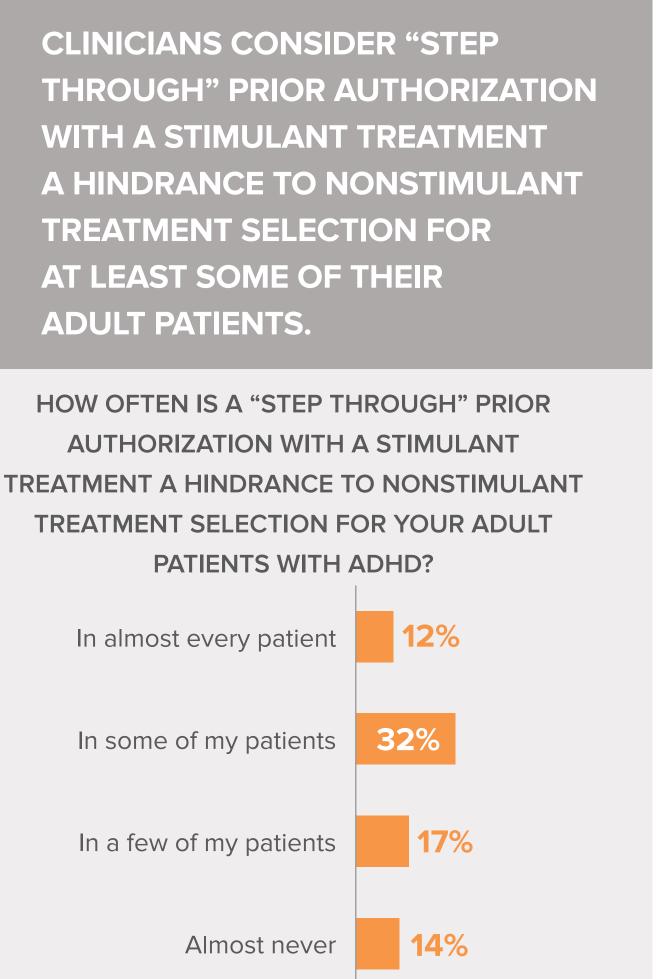
In almost every patient 6%

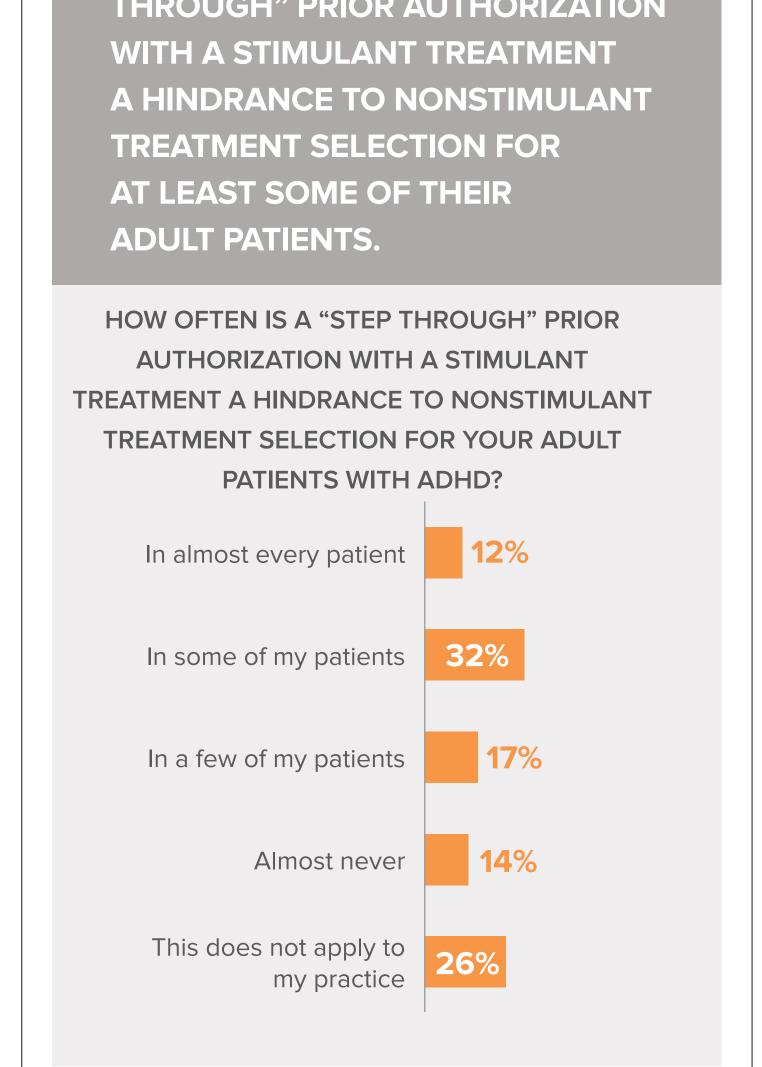
In some of my patients 36%

In a few of my patients 24%

Almost never 33%







#### WHILE LACK OF EFFICACY AND PATIENT RELUCTANCE ARE THE MAIN BARRIERS TO THE USE OF ATOMOXETINE, UNFAMILIARITY WITH VILOXAZINE IS THE MAJOR BARRIER FOR ITS USE. WHAT IS YOUR PRIMARY BARRIER TO USING WHAT IS YOUR PRIMARY BARRIER TO **USING VILOXAZINE IN YOUR ADULT** ATOMOXETINE IN YOUR ADULT PATIENTS PATIENTS WITH ADHD? WITH ADHD? Cost 11% Cost **7**% Insurance coverage 29% Insurance coverage Lack of clinical guideline Lack of clinical guideline recommendations recommendations Lack of efficacy 6% Lack of efficacy 25 Patient preference 16% Patient preference 6% Side effects 5% Side effects 8% Unfamiliar with Unfamiliar with medication medication

# CONCLUSIONS

This educational research on assessment of clinicians' knowledge and clinical practices yielded important insights into gaps related to adult ADHD care.

#### ACKNOWLEDGEMENTS

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this poster online.

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